

MONICAL'S PIZZA®

STARTERS	Serving Size	Total Kcal	Total Fat (g)	Sat. Fat (g)	Carb (g)	Fiber (g)	Protein (g)	Chol (mg)	Sodium (mg)
Breadsticks (plain)	1 stick	152.2	2.8	0.5	27.4	1.0	3.7	0.0	10.0
Nacho Cheese	3 fl oz	148.5	12.0	6.0	2.7	0.0	5.4	27.0	837.0
Cheddar Cheese	3 fl oz	105.0	7.5	3.0	6.0	0.0	3.0	7.5	555.0
Marinara sauce	3 fl oz	74.0	4.1	0.7	7.5	1.7	1.8	0.0	420.0
Alfredo Sauce	3 fl oz	85.0	9.5	5.0	1.7	0.0	0.8	30.0	391.0
Garlic Bread	1 order	582.0	28.0	5.3	68.0	3.0	13.0	16.0	1188.0
Garlic Cheese Bread	1 order	752.0	42.0	13.3	68.0	3.0	27.0	48.0	1568.0
Hot Wings (w/o Ranch)	3 pieces	210.0	13.0	3.5	2.0	1.0	19.0	55.0	590.0
Mozzarella Sticks (w/o marinara)	1 piece	90.0	4.5	2.0	8.0	0.0	4.0	10.0	270.0
Pepperollies (w/o marinara)	3	1355.0	30.0	15.0	109.0	4.8	38.0	72.6	1227.0

MONICAL'S PIZZA®

DESSERTS/EXTRAS	Serving Size	Total Kcal	Total Fat (g)	Sat. Fat (g)	Carb (g)	Fiber (g)	Protein (g)	Chol (mg)	Sodium (mg)
Apple Slices	2 oz	30.0	0.0	0.0	8.0	1.0	0.0	0.0	0.0
Chocolate Chunk Cookie	1 cookie	550.0	27.0	10.0	75.0	3.0	7.0	25.0	580.0
Snickerdoodle Cookie	1 cookie	540.0	23.0	7.0	79.0	2.0	6.0	30.0	620.0

Last Updated: 6/14/12

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SALADS	Serving Size	Total Kcal	Total Fat (g)	Sat. Fat (g)	Carb (g)	Fiber (g)	Protein (g)	Chol (mg)	Sodium (mg)
Individual Salad	1 salad	90.6	4.8	2.9	7.0	2.3	4.7	13.5	106.7
Chef Salad	1 salad	425.1	19.9	10.6	16.9	6.3	45.4	123.3	1102.7
Chicken Caesar Salad	1 salad	466.8	32.0	6.5	14.7	2.9	35.0	113.0	1615.0
Southwest Chicken Salad	1 salad	705.2	47.0	18.3	30.5	5.2	42.4	141.8	1063.4
Pecan Grilled Chicken Salad	1 salad	620.0	14.0	4.0	46.0	13.0	66.0	80.0	2290.0

MONICAL'S PIZZA®

DRESSINGS	Serving Size	Total Kcal	Total Fat (g)	Sat. Fat (g)	Carb (g)	Fiber (g)	Protein (g)	Chol (mg)	Sodium (mg)
Monical's® Sweet & Tart	2 Tbsp	130.0	10.0	1.5	9.0	0.0	0.0	5.0	250.0
Monical's® Sweet & Tart Light	2 Tbsp	60.0	4.5	0.5	6.0	2.0	0.0	5.0	240.0
1000 Island	2 Tbsp	130.0	12.0	1.5	5.0	0.0	0.0	10.0	240.0
Creamy Casear Dressing	2 oz	250.0	24.0	5.0	3.0	0.0	3.0	30.0	620.0
Creamy Italian	2 Tbsp	110.0	9.0	1.5	6.0	0.0	0.0	0.0	290.0
Ranch	2 Tbsp	140.0	15.0	2.5	0.0	0.0	0.0	10.0	260.0
Fat Free Vinaigrette	2 Tbsp	20.0	0.0	0.0	5.0	0.0	0.0	0.0	390.0
Fat Free Raspberry Vinaigrette	2 Tbsp	30.0	0.0	0.0	7.0	0.0	0.0	0.0	290.0

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SANDWICHES	Serving Size	Total Kcal	Total Fat (g)	Sat. Fat (g)	Carb (g)	Fiber (g)	Protein (g)	Chol (mg)	Sodium (mg)
Hot Sicilian	8" Sub	985.0	46.0	17.0	70.0	3.0	62.0	179.0	4731.0
Italian Beef	8" Sub	646.0	22.0	8.0	70.0	3.0	44.0	89.3	1687.0
BBQ Chicken	8" Sub	755.0	24.0	9.0	87.0	3.0	47.0	114.0	1614.0
Turkey Sub	8" Sub	608.0	19.0	7.5	141.0	6.0	60.0	76.3	3538.8
Meatball Sub	8" Sub	1082.0	58.0	23.0	93.0	6.0	52.0	107.3	2901.0
Turkey BLT	8" Sub	900.0	39.6	9.3	79.8	3.9	60.7	141.0	3408.0
Hot Sicilian	Whole Wheat	835.0	43.5	17.5	45.0	2.0	66.0	179.0	4461.0
Italian Beef	Whole Wheat	496.0	19.5	8.5	45.0	2.0	38.0	89.0	1417.0
BBQ Chicken	Whole Wheat	605.0	21.5	9.5	62.0	2.0	41.0	114.0	1344.0
Turkey Sub	Whole Wheat	458.0	10.5	6.5	48.0	2.0	41.0	76.0	3135.0
Meatball Sub	Whole Wheat	932.0	55.5	23.5	68.0	5.0	46.0	107.0	2631.0
Turkey BLT	Whole Wheat	748.0	37.1	10.0	54.8	2.9	54.7	140.0	3145.4
<i>Sandwich sides</i>									
Pepperoncinis	3 fl oz	74.0	4.1	0.7	7.5	1.7	1.8	0.0	420.0
Marinara Sauce	2 fl oz	39.2	0.9	0.1	6.7	1.3	1.1	0.0	315.0
Apple Slices	2 oz	30.0	0.0	0.0	8.0	1.0	0.0	0.0	0.0
Potato Chips	See bag for nutritional information as results may vary by location.								

Last Updated: 4/26/13

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PASTA	Serving Size	Total Kcal	Total Fat (g)	Sat. Fat (g)	Carb (g)	Fiber (g)	Protein (g)	Chol (mg)	Sodium (mg)
Lasagna	Individual	700.0	36.0	18.0	63.0	5.0	31.0	120.0	1420.0
Tortellini	Individual	450.0	12.0	4.0	58.0	4.0	16.0	45.0	1234.0
Baked Ravioli	Individual	670.0	95.0	43.0	88.0	8.0	59.0	280.0	2690.0
Spaghetti	Individual	450.0	7.0	1.0	80.0	2.0	15.0	0.0	1279.0
Spaghetti & Meatballs	Individual	680.0	27.0	9.0	81.0	2.0	28.0	50.0	1909.0
Meatballs (side)	3	230.0	18.0	7.0	5.0	0.0	13.0	45.0	570.0
Supreme (Premium Blend)	Individual	134.0	9.0	6.0	1.0	0.0	11.0	30.0	240.0
Garlic Breadstick	2	408.0	1.0	0.4	83.0	3.0	13.0	0.0	331.0

Last Updated: 8/20/13

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KIDS MENU	Serving Size	Total Kcal	Total Fat (g)	Sat. Fat (g)	Carb (g)	Fiber (g)	Protein (g)	Chol (mg)	Sodium (mg)
8" Thin Crust Cheese Pizza	8" thin	592.6	18.6	10.2	80.1	3.7	28.7	40.0	648.6
3 Pepperollies (w/o marinara)	1 order	1355.0	30.0	15.0	109.0	4.8	38.0	72.6	1227.0
Marinara sauce	3 fl oz	74.0	4.1	0.7	7.5	1.7	1.8	0.0	420.0
Mac & Cheese	Child portion	340.0	11.0	3.0	48.0	2.0	12.0	25.0	830.0
Spaghetti	Child portion	225.0	3.5	0.5	40.0	1.0	7.5	0.0	639.5
Side Salad	1 salad	90.6	4.8	2.9	7.0	2.3	4.7	13.5	106.7

Last Updated: 6/14/12

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INDIVIDUAL PIZZA	Serving Size	Total Kcal	Total Fat (g)	Sat. Fat (g)	Carb (g)	Fiber (g)	Protein (g)	Chol (mg)	Sodium (mg)
PIZZA CRUST									
Thin Crust	8" Individual	363.1	1.0	0.2	76.0	2.8	10.5	0.0	3.9
Pan Crust	8" Individual	532.9	9.9	1.7	96.0	3.5	13.1	0.0	35.0
PIZZA SAUCE									
Thin Sauce	8" Individual	17.0	0.1	0.0	4.1	0.9	0.7	0.0	169.7
Pan Sauce	8" Individual	28.1	0.2	0.0	5.5	0.0	1.2	0.0	264.0
BBQ Sauce	8" Individual	31.9	0.8	0.1	5.4	0.5	0.8	0.0	346.6

ADD PIZZA CRUST, PIZZA SAUCE AND TOPPINGS TO CALCULATE YOUR PIZZA OF CHOICE

Cheese (Mozz)	8" Individual	212.5	17.5	10.0	0.0	0.0	17.5	40.0	475.0
Sausage	8" Individual	70.5	5.6	2.1	0.3	0.1	4.5	19.0	187.7
Hamburger	8" Individual	77.2	6.3	2.6	0.0	0.0	5.5	20.0	15.7
Pepperoni	8" Individual	78.8	7.3	3.4	0.0	0.0	2.8	19.7	264.4
Ham	8" Individual	140.0	4.0	2.0	6.0	0.0	20.0	50.0	1280.0
Steak	8" Individual	60.0	1.0	0.5	1.0	0.0	11.0	20.0	360.0
Chicken (w/out BBQ sauce)	8" Individual	92.9	4.5	1.3	1.1	0.0	11.2	26.7	172.9
Mushrooms	8" Individual	9.4	0.1	0.0	1.4	0.4	1.3	0.0	2.1
Green Peppers	8" Individual	7.1	0.1	0.0	1.6	0.6	0.3	0.0	1.1
Onions/Red Onions	8" Individual	14.2	0.0	0.0	3.3	0.6	0.4	0.0	1.4
Green Olives	8" Individual	65.4	6.5	0.0	3.3	0.0	0.0	0.0	719.6
Black Olives	8" Individual	48.9	4.5	0.6	2.7	1.4	0.4	0.0	370.8
Italian Hot Peppers	8" Individual	4.5	0.1	0.0	0.7	0.2	0.2	0.0	448.6
Red Peppers	8" Individual	6.6	0.1	0.0	1.3	0.4	0.2	0.0	0.9
Spinach	8" Individual	13.2	0.3	0.1	1.9	1.3	1.7	0.0	31.5
Bacon	8" Individual	150.0	11.3	5.0	0.0	0.0	12.5	62.5	800.0
Tomatoes	8" Individual	12.6	0.1	0.0	2.7	0.8	0.6	0.0	3.5
Pineapple	8" Individual	64.6	0.0	0.0	17.2	1.1	0.0	0.0	0.0
Garlic	8" Individual	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Extra Cheese (Mozz)	8" Individual	127.5	10.5	6.0	0.0	0.0	10.5	24.0	285.0
Premium Blend	8" Individual	367.9	30.3	17.4	0.2	0.0	29.7	70.7	802.8

itely 1/3 of a 14" or 1/4 of a 16" Pizza.

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SPECIALTY COMBINATIONS	Serving Size	Total Kcal	Total Fat (g)	Sat. Fat (g)	Carb (g)	Fiber (g)	Protein (g)	Chol (mg)	Sodium (mg)
PIZZA CRUST									
Thin Crust	8" Individual	363.1	1.0	0.2	76.0	2.8	10.5	0.0	3.9
Pan Crust	8" Individual	532.9	9.9	1.7	96.0	3.5	13.1	0.0	35.0
PIZZA SAUCE									
Thin Sauce	8" Individual	17.0	0.1	0.0	4.1	0.9	0.7	0.0	169.7
Pan Sauce	8" Individual	28.1	0.2	0.0	5.5	0.0	1.2	0.0	264.0
BBQ Sauce	8" Individual	31.9	0.8	0.1	5.4	0.5	0.8	0.0	346.6
Ranch Dressing	8" Individual	105.0	11.3	1.9	0.0	0.0	0.0	7.5	195.0

ADD PIZZA CRUST, PIZZA SAUCE TO THE SPECIALTY TOPPINGS COMBINATION BELOW

Chicken Bacon Ranch (incl. Ranch)	8" Individual	507.1	41.1	16.9	0.8	0.0	35.9	117.5	1439.7
BBQ Chicken (incl. BBQ sauce)	8" Individual	705.2	53.1	28.9	6.7	0.5	59.2	137.5	1797.3
Pizza Florentine	8" Individual	188.9	14.3	8.0	3.3	1.5	15.6	32.0	406.1
Cheese Free*	8" Individual	14.7	0.1	0.0	2.9	0.8	1.0	0.0	151.4
Delight	8" Individual	359.2	29.1	14.8	3.0	0.8	25.1	74.7	876.2
Deluxe	8" Individual	360.7	29.1	14.8	3.2	0.8	25.2	74.7	1024.3
Italian Special	8" Individual	338.4	27.6	12.1	4.8	0.6	22.8	59.0	1293.6
Veggie	8" Individual	634.6	51.0	27.9	6.5	2.2	48.8	110.7	1529.4
Hawaiian	8" Individual	407.9	21.5	12.0	20.8	0.9	37.5	90.0	1755.0

*Cheese free includes: Green peppers, onions, mushrooms and pepperinonis

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OVEN-READY (FROZEN)		Serving Size	Total Kcal	Total Fat (g)	Sat. Fat (g)	Carb (g)	Fiber (g)	Protein (g)	Chol (mg)	Sodium (mg)
	Cheese	1/6 pizza	218.0	7.0	4.0	29.0	1.3	10.0	15.0	200.0
	Sausage & Cheese	1/6 pizza	245.0	9.0	5.0	29.0	1.3	12.0	22.0	270.0
	Pepperoni & Cheese	1/6 pizza	248.0	10.0	5.0	29.0	1.3	12.0	23.0	299.0

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GLUTEN FREE		Serving Size	Total Kcal	Total Fat (g)	Sat. Fat (g)	Carb (g)	Fiber (g)	Protein (g)	Chol (mg)	Sodium (mg)
	Dough	Whole Pizza	640.0	16.0	2.0	116.0	4.0	8.0	0.0	1240.0
	Pizza Sauce	Whole Pizza	43.8	0.0	0.0	10.0	2.5	1.3	0.0	425.0

ADD PIZZA CRUST, PIZZA SAUCE AND TOPPINGS TO CALCULATE YOUR PIZZA OF CHOICE

	Mozzarella Cheese	Whole Pizza	340.0	28.0	16.0	0.0	0.0	28.0	64.0	760.0
	Sausage	Whole Pizza	141.0	11.2	4.2	0.7	0.1	9.0	38.0	375.4
	Hamburger	Whole Pizza	154.3	12.6	5.1	0.0	0.0	10.9	40.0	31.4
	Pepperoni	Whole Pizza	131.3	12.2	5.6	0.0	0.0	4.7	32.8	440.6
	Ham	Whole Pizza	210.0	6.0	3.0	9.0	0.0	30.0	75.0	1920.0
	Steak	Whole Pizza	90.0	1.5	0.8	1.5	0.0	16.5	30.0	540.0
	Chicken (w/out BBQ sauce)	Whole Pizza	139.3	6.8	2.0	1.6	0.0	16.8	40.1	259.4
	Mushrooms	Whole Pizza	21.8	0.3	0.0	3.3	1.0	3.1	0.0	5.0
	Green Peppers	Whole Pizza	8.5	0.1	0.0	2.0	0.7	0.4	0.0	1.3
	Onions/Red Onions	Whole Pizza	22.7	0.1	0.0	5.3	1.0	0.6	0.0	2.3
	Green Olives	Whole Pizza	87.2	8.7	0.0	4.4	0.0	0.0	0.0	959.5
	Black Olives	Whole Pizza	65.2	6.1	0.8	3.6	1.8	0.5	0.0	494.4
	Italian Hot Peppers	Whole Pizza	6.0	0.1	0.0	0.9	0.2	0.2	0.0	598.2
	Red Peppers	Whole Pizza	8.8	0.1	0.0	1.7	0.6	0.3	0.0	1.1
	Spinach	Whole Pizza	19.8	0.5	0.1	2.8	2.0	2.5	0.0	47.2
	Bacon	Whole Pizza	210.0	15.3	7.0	0.0	0.0	17.5	87.5	1120.0
	Tomatoes	Whole Pizza	15.7	0.2	0.0	3.4	1.1	0.8	0.0	4.4
	Pineapple	Whole Pizza	96.9	0.0	0.0	25.9	1.6	0.0	0.0	0.0
	Garlic	Whole Pizza	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
	Extra Cheese (Mozz)	Whole Pizza	170.0	14.0	8.0	0.0	0.0	14.0	32.0	380.0
	Premium Blend	Whole Pizza	83.8	6.8	4.3	0.6	0.0	5.1	20.2	128.4

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POINT PIZZA		Serving Size	Total Kcal	Total Fat (g)	Sat. Fat (g)	Carb (g)	Fiber (g)	Protein (g)	Chol (mg)	Sodium (mg)
	Bacon	1/3 pizza	920.0	34.0	18.0	110.0	6.0	49.0	120.0	1740.0
	BBQ Chicken	1/3 pizza	850.0	26.0	14.0	111.0	6.0	49.0	0.0	1060.0
	Black Olive	1/3 pizza	810.0	27.0	13.0	113.0	7.0	36.0	50.0	1280.0
	Cheese	1/3 pizza	760.0	22.0	13.0	110.0	6.0	38.0	50.0	890.0
	Green Olive	1/3 pizza	830.0	29.0	13.0	113.0	6.0	36.0	50.0	1650.0
	Green Pepper	1/3 pizza	770.0	22.0	13.0	112.0	6.0	36.0	50.0	890.0
	Ham	1/3 pizza	910.0	26.0	15.0	117.0	6.0	57.0	115.0	2280.0
	Hamburger	1/3 pizza	890.0	32.0	17.0	110.0	6.0	45.0	85.0	920.0
	Italian Hot Peppers	1/3 pizza	770.0	22.0	13.0	111.0	6.0	36.0	50.0	1340.0
	Onion	1/3 pizza	780.0	22.0	13.0	113.0	6.0	36.0	50.0	890.0
	Pepperoni	1/3 pizza	950.0	31.0	17.0	110.0	6.0	42.0	75.0	1220.0
	Premium Blend	1/3 pizza	890.0	33.0	19.0	111.0	6.0	24.0	80.0	1130.0
	Red Pepper	1/3 pizza	770.0	22.0	13.0	104.0	6.0	36.0	50.0	890.0
	Sausage	1/3 pizza	870.0	31.0	16.0	111.0	6.0	46.0	85.0	1200.0
	Spinach	1/3 pizza	770.0	22.0	13.0	112.0	7.0	37.0	50.0	920.0
	Steak	1/3 pizza	810.0	23.0	13.0	111.0	6.0	47.0	70.0	1190.0

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MONICAL'S PIZZA®

CALZONE	Serving Size	Total Kcal	Total Fat (g)	Sat. Fat (g)	Carb (g)	Fiber (g)	Protein (g)	Chol (mg)	Sodium (mg)
Dough	Whole Calzone	532.9	9.9	1.7	96.0	3.5	13.1	0.0	35.0
Sauce	Whole Calzone	13.5	0.0	0.0	3.1	0.7	0.3	0.0	174.5
Cheese	Whole Calzone	170.0	14.0	8.0	0.0	0.0	14.0	32.0	380.0

ADD DOUGH, SAUCE, CHEESE AND TOPPINGS TO CALCULATE YOUR CALZONE OF CHOICE

Sausage	Whole Calzone	70.5	5.6	2.1	0.3	0.1	4.5	19.0	187.7
Pepperoni	Whole Calzone	78.8	7.3	3.4	0.0	0.0	2.8	19.7	264.4
Ham	Whole Calzone	140.0	4.0	2.0	6.0	0.0	20.0	50.0	1280.0
Steak	Whole Calzone	60.0	1.0	0.5	1.0	0.0	11.0	20.0	360.0
BBQ Chicken	Whole Calzone	92.9	4.5	1.3	1.1	0.0	11.2	26.7	172.9
Mushrooms	Whole Calzone	9.4	0.1	0.0	1.4	0.4	1.3	0.0	2.1
Green peppers	Whole Calzone	7.1	0.1	0.0	1.6	0.6	0.3	0.0	1.1
Onions/Red Onions	Whole Calzone	14.2	0.0	0.0	3.3	0.6	0.4	0.0	1.4
Green Olives	Whole Calzone	65.4	6.5	0.0	3.3	0.0	0.0	0.0	719.6
Black Olives	Whole Calzone	48.9	4.5	0.6	2.7	1.4	0.4	0.0	370.8
Italian Hot Peppers	Whole Calzone	4.5	0.1	0.0	0.7	0.2	0.2	0.0	448.6
Red Peppers	Whole Calzone	6.6	0.1	0.0	1.3	0.4	0.2	0.0	0.9
Spinach	Whole Calzone	13.2	0.3	0.0	1.8	1.3	1.7	0.0	31.5
Bacon	Whole Calzone	150.0	11.3	5.0	0.0	0.0	12.5	62.5	800.0
Tomatoes	Whole Calzone	12.6	0.1	0.0	2.7	0.8	0.6	0.0	3.5
Garlic	Whole Calzone	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Last Updated: 6/14/12

A Health & Nutrition representative compiled this nutrition information from the following data: Nutrition analysis from Monical's Pizza® Restaurant approved food manufacturers and an independent laboratory. The nutrition information listed here is based on standard recipes and product formulations, however slight variations may occur due to the season of the year, use of an alternate supplier, minor differences in product assembly per restaurant and other factors. Except for limited time offerings or test market items, menu products as of this posting are included on this site. Product data is based on current formulations as of date of posting.

MONICAL'S PIZZA®

STUFFED CRUST	Serving Size	Total Kcal	Total Fat (g)	Sat. Fat (g)	Carb (g)	Fiber (g)	Protein (g)	Chol (mg)	Sodium (mg)
Dough	1/2 Pizza	599.5	11.1	1.9	96.0	3.5	13.1	0.0	35.0
Sauce	1/2 Pizza	15.5	0.0	0.0	3.6	0.8	0.4	0.0	199.5
Cheese	1/2 Pizza	136.0	11.2	6.4	0.0	0.0	11.2	25.6	304.0
Shredded Parmesan	1/2 Pizza	10.0	1.0	0.5	0.0	0.0	1.0	2.5	35.0

ADD DOUGH, SAUCE, CHEESES AND TOPPINGS TO CALCULATE YOUR STUFFED CRUST OF CHOICE

Sausage	1/2 Pizza	105.8	8.4	3.1	0.5	0.1	6.7	28.5	281.6
Pepperoni	1/2 Pizza	78.8	7.3	3.4	0.0	0.0	2.8	19.7	264.4
Ham	1/2 Pizza	140.0	4.0	2.0	6.0	0.0	20.0	50.0	1280.0
Steak	1/2 Pizza	45.0	0.8	0.4	0.8	0.0	8.3	15.0	270.0
BBQ Chicken	1/2 Pizza	69.6	3.4	1.0	0.8	0.0	8.4	20.0	129.7
Mushrooms	1/2 Pizza	7.0	0.1	0.0	1.1	0.3	1.0	0.0	1.6
Green peppers	1/2 Pizza	5.7	0.0	0.0	1.3	0.5	0.2	0.0	0.8
Onions/Red Onions	1/2 Pizza	11.3	0.0	0.0	2.6	0.5	0.3	0.0	1.1
Green Olives	1/2 Pizza	49.1	4.9	0.0	2.5	0.0	0.0	0.0	539.7
Black Olives	1/2 Pizza	36.7	3.4	0.5	2.0	1.0	0.3	0.0	278.1
Italian Hot Peppers	1/2 Pizza	3.7	0.1	0.0	0.6	0.1	0.1	0.0	372.4
Red Peppers	1/2 Pizza	5.3	0.0	0.0	1.0	0.3	0.2	0.0	0.7
Spinach	1/2 Pizza	10.5	0.3	0.0	1.5	1.1	1.3	0.0	25.2
Bacon	1/2 Pizza	120.0	9.0	4.0	0.0	0.0	10.0	50.0	640.0
Tomatoes	1/2 Pizza	10.4	0.1	0.0	2.3	0.7	0.5	0.0	2.9
Garlic	1/2 Pizza	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

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