

MONICAL'S PIZZA ALLERGEN INFORMATION (Franchise Locations) 8/20/18

| STARTERS | EGG | FISH | MILK | MSG | PEANUT | SHELL FISH | SOY | SULFITES | TREE NUTS | WHEAT |
|--------------------------|-----|------|------|-----|--------|------------|-----|----------|-----------|-------|
| Breadsticks | No | No | No | No | No | No | No | No | No | Yes |
| Garlic Breadsticks | No | No | No | No | No | No | Yes | No | No | Yes |
| Cheddar Cheese Sauce | No | No | Yes | No | No | No | No | No | No | No |
| Nacho Cheese Sauce | No | No | Yes | No | No | No | No | No | No | No |
| Marinara Sauce | No | No | No | No | No | No | No | No | No | No |
| Alfredo Sauce | No | No | Yes | No | No | No | Yes | No | No | No |
| Garlic Butter Sauce | No | No | No | No | No | No | Yes | No | No | No |
| BBQ Sauce | No | No | No | No | No | No | No | No | No | No |
| Buffalo Wing Sauce | No | No | No | No | No | No | No | No | No | No |
| Honey Mustard Dressing | Yes | No | No | No | No | No | Yes | Yes | No | No |
| Cheddar Nuggets | No | No | Yes | No | No | No | Yes | No | No | Yes |
| Homestyle Chicken Strips | No | No | No | No | No | No | Yes | No | No | Yes |
| Chicken Dippin' Strips | No | No | No | No | No | No | Yes | No | No | Yes |
| Garlic Bread | No | No | No | No | No | No | Yes | No | No | Yes |
| Garlic Cheese Bread | No | No | Yes | No | No | No | Yes | No | No | Yes |
| BBQ Wings | No | Yes | No | No | No | No | Yes | No | No | Yes |
| Hot Wings | No | No | Yes | No | No | No | Yes | No | No | Yes |
| Oven Roasted Wings | No | No | No | No | No | No | No | No | No | No |
| Cheese Fries | No | No | Yes | No | No | No | No | No | No | No |
| Nachos | No | No | Yes | No | No | No | Yes | No | No | Yes |
| Deluxe Nachos | No | No | Yes | No | No | No | Yes | No | No | Yes |
| Chicken Chunks | No | No | No | No | No | No | No | No | No | Yes |
| Meatball Appetizer | Yes | No | Yes | No | No | No | Yes | No | No | Yes |
| Pepperollies | No | No | Yes | No | No | No | Yes | No | No | Yes |
| Mozzarella Sticks | No | No | Yes | No | No | No | No | No | No | Yes |

Not all items available at all locations.

| SALADS | EGG | FISH | MILK | MSG | PEANUT | SHELL FISH | SOY | SULFITES | TREE NUTS | WHEAT |
|---|------------|-------------|-------------|------------|---------------|-------------------|------------|-----------------|------------------|--------------|
| Garden Fresh Salad | No | No | Yes | No | No | No | No | No | No | No |
| Pecan Grilled Chicken Salad | No | No | Yes | No | Yes | No | Yes | No | Yes | No |
| Southwest Chicken Salad | No | No | Yes | No | No | No | Yes | No | No | Yes |
| Chicken Caesar Salad | Yes | Yes | Yes | No | No | No | Yes | No | No | Yes |
| Chef Salad | No | No | Yes | No | No | No | Yes | No | No | No |
| Grilled Chicken Salad | No | No | Yes | No | No | No | No | No | No | No |
| Crispy Chicken Salad | No | No | Yes | No | No | No | Yes | No | No | Yes |
| Chicken Fajita Salad | No | No | Yes | No | No | No | No | No | No | No |
| Taco Salad | No | No | Yes | No | No | No | Yes | No | No | Yes |
| Monical's Sweet & Tart Dressing | Yes | No | No | No | No | No | No | No | No | No |
| Monical's Sweet & Tart Light Dressing | Yes | No | No | No | No | No | No | No | No | No |
| Ventura Sweet & Tart Dressing | Yes | No | No | No | No | No | No | No | No | No |
| Thousand Island Dressing | Yes | No | Yes | No | No | No | Yes | No | No | No |
| Creamy Italian Dressing | No | No | No | No | No | No | No | No | No | No |
| Ranch Dressing | Yes | No | Yes | Yes | No | No | Yes | No | No | No |
| Light Ranch Dressing | Yes | No | Yes | No | No | No | No | No | No | Yes |
| Balsamic Vinaigrette Dressing | No | No | No | No | No | No | Yes | No | No | No |
| Golden Italian Dressing | No | No | No | No | No | No | No | No | No | No |
| Parmesan Peppercorn Dressing | Yes | No | Yes | No | No | No | No | No | No | No |
| Poppy Seed Dressing | No | No | Yes | No | No | No | No | No | No | No |
| Mullin's French Dressing | No | No | No | No | No | No | No | No | No | No |
| Honey Mustard Dressing | Yes | No | No | No | No | No | Yes | Yes | No | No |
| Fat Free Italian Dressing | No | No | Yes | No | No | No | No | No | No | No |
| Blue Cheese Dressing | Yes | Yes | Yes | No | No | No | Yes | No | No | No |
| Fat Free Raspberry Vinaigrette Dressing | No | No | No | No | No | No | No | No | No | No |
| Caesar Dressing | Yes | Yes | Yes | No | No | No | Yes | No | No | No |
| Catalina Dressing | No | No | No | No | No | No | No | No | No | No |

Not all items available at all locations.

| SANDWICHES | EGG | FISH | MILK | MSG | PEANUT | SHELL FISH | SOY | SULFITES | TREE NUTS | WHEAT |
|--|------------|-------------|-------------|------------|---------------|-------------------|------------|-----------------|------------------|--------------|
| Turkey BLT | Yes | No | No | No | No | No | No | No | No | Yes |
| BBQ Chicken | No | No | Yes | No | No | No | Yes | No | No | Yes |
| Hot Sicilian | Yes | No | Yes | No | No | No | No | Yes | No | Yes |
| Turkey Sub | Yes | No | Yes | No | No | No | Yes | Yes | No | Yes |
| Italian Beef | No | No | No | No | No | No | Yes | No | No | Yes |
| Italian Beef w Mozzarella & Provolone Cheese | No | No | Yes | No | No | No | Yes | No | No | Yes |
| Villa Grove & Arcola Italian Beef | No | No | No | No | No | No | Yes | Yes | No | Yes |
| Meatball Sub | Yes | No | Yes | No | No | No | Yes | No | No | Yes |
| Super Sub | No | No | Yes | No | No | No | No | No | No | Yes |
| Veggie Sub | Yes | No | Yes | No | No | No | No | Yes | No | Yes |
| Ham & Cheese | No | No | Yes | No | No | No | Yes | No | No | Yes |
| Ham Sub | No | No | Yes | No | No | No | Yes | No | No | Yes |
| Club Sub | Yes | No | Yes | No | No | No | Yes | No | No | Yes |
| Italian Sub | No | No | Yes | No | No | No | No | No | No | Yes |
| Hoagie | No | No | Yes | No | No | No | No | No | No | Yes |
| Chicken Parmesan | No | No | Yes | No | No | No | Yes | No | No | Yes |
| Chicken Bacon Ranch | Yes | No | Yes | Yes | No | No | Yes | No | No | Yes |
| Chicken Mozzarella & Provolone Cheese | No | No | Yes | No | No | No | Yes | No | No | Yes |
| Buffalo Chicken | Yes | No | Yes | Yes | No | No | Yes | No | No | Yes |
| Toasted Cheese | No | No | Yes | No | No | No | Yes | No | No | Yes |

| PASTAS | EGG | FISH | MILK | MSG | PEANUT | SHELL FISH | SOY | SULFITES | TREE NUTS | WHEAT |
|----------------------------------|------------|-------------|-------------|------------|---------------|-------------------|------------|-----------------|------------------|--------------|
| Spaghetti & Meatballs | Yes | No | Yes | No | No | No | Yes | No | No | Yes |
| Spaghetti Marinara | No | No | No | No | No | No | No | No | No | Yes |
| Marinara Sauce | No | No | No | No | No | No | No | No | No | No |
| Meat Sauce | No | No | No | No | No | No | Yes | No | No | No |
| Alfredo Sauce | No | No | Yes | No | No | No | Yes | No | No | No |
| Cheese Tortellini | Yes | No | Yes | No | No | No | No | No | No | Yes |
| Lasagna | No | No | Yes | No | No | No | No | No | No | Yes |
| Chicken Fettuccini Alfredo | No | No | Yes | No | No | No | Yes | No | No | Yes |
| Cheese Ravioli | Yes | No | Yes | No | No | No | No | No | No | Yes |
| Baked Meat Ravioli | Yes | No | Yes | No | No | No | Yes | No | No | Yes |
| Meat Ravioli | Yes | No | Yes | No | No | No | Yes | No | No | Yes |
| Gluten Free Baked Cheese Ravioli | Yes | No | Yes | No | No | No | Yes | No | No | No |
| Meat Tortellini | Yes | No | Yes | No | No | No | No | No | No | Yes |
| Baked Cheese Ravioli | Yes | No | Yes | No | No | No | Yes | No | No | Yes |
| Meat Tortellini Supreme | Yes | No | Yes | No | No | No | No | No | No | Yes |
| Bow Tie Pasta | Yes | No | Yes | No | No | No | No | No | No | Yes |
| Cheese Tortelloni | Yes | No | Yes | No | No | No | No | No | No | Yes |
| Chicken Parmesan Pasta | No | No | Yes | No | No | No | Yes | No | No | Yes |
| Mac & Cheese | No | No | Yes | No | No | No | No | No | No | Yes |

Not all items available at all locations.

| PIZZAS | EGG | FISH | MILK | MSG | PEANUT | SHELL FISH | SOY | SULFITES | TREE NUTS | WHEAT |
|-------------------------------|-----|------|------|-----|--------|------------|-----|----------|-----------|-------|
| Thin Crust (all sizes) | No | No | No | No | No | No | No | No | No | Yes |
| Pan Crust (all sizes) | No | No | No | No | No | No | Yes | No | No | Yes |
| Gluten Free Crust | No | No | No | No | No | No | No | No | No | No |
| Point Pizza Crust | No | No | No | No | No | No | No | No | No | Yes |
| Thin Crust Pizza Sauce | No | No | No | No | No | No | No | No | No | No |
| Pan Crust Pizza Sauce | No | No | No | No | No | No | No | No | No | No |
| Point Crust Pizza Sauce | No | No | No | No | No | No | No | No | No | No |
| BBQ Sauce | No | No | No | No | No | No | No | No | No | No |
| Ranch Dressing | Yes | No | Yes | Yes | No | No | No | No | No | No |
| Alfredo Sauce | No | No | Yes | No | No | No | Yes | No | No | No |
| Mexicali Pizza Sauce - Tolono | No | No | No | Yes | No | No | No | No | No | No |
| Egg Pizza Sauce - Robinson | Yes | No | No | No | No | No | No | No | No | No |
| Olive Oil Pizza Sauce | No | No | No | No | No | No | No | No | No | No |
| Mozzarella & Provolone Cheese | No | No | Yes | No | No | No | No | No | No | No |
| Premium Blend | No | No | Yes | No | No | No | No | No | No | No |
| Sausage | No | No | No | No | No | No | No | No | No | No |
| Pepperoni | No | No | No | No | No | No | No | No | No | No |
| Bacon | No | No | No | No | No | No | No | No | No | No |
| Ham | No | No | No | No | No | No | No | No | No | No |
| Hamburger | No | No | No | No | No | No | No | No | No | No |
| Chicken | No | No | No | No | No | No | Yes | No | No | No |
| Steak | No | No | No | No | No | No | No | No | No | No |
| Mushrooms | No | No | No | No | No | No | No | No | No | No |
| Green Bell Peppers | No | No | No | No | No | No | No | No | No | No |
| Onions | No | No | No | No | No | No | No | No | No | No |
| Minced Garlic | No | No | No | No | No | No | No | Yes | No | No |
| Red Bell Peppers | No | No | No | No | No | No | No | No | No | No |
| Red Onions | No | No | No | No | No | No | No | No | No | No |
| Italian Hot Peppers | No | No | No | No | No | No | No | Yes | No | No |
| Pineapple | No | No | No | No | No | No | No | No | No | No |
| Black Olives | No | No | No | No | No | No | No | No | No | No |
| Green Olives | No | No | No | No | No | No | No | No | No | No |
| Tomatoes | No | No | No | No | No | No | No | No | No | No |
| Jalapeno Peppers | No | No | No | No | No | No | No | No | No | No |
| Spinach | No | No | No | No | No | No | No | No | No | No |
| Banana Peppers | No | No | No | No | No | No | No | Yes | No | No |
| Anchovies | No | No | No | No | No | No | No | No | No | No |
| Giardiniera | No | No | No | No | No | No | Yes | Yes | No | No |
| Pickles | No | No | No | No | No | No | No | No | No | No |
| Apples | No | No | No | No | No | No | No | No | No | No |

Not all items available at all locations.

| DESSERTS | EGG | FISH | MILK | MSG | PEANUT | SHELL FISH | SOY | SULFITES | TREE NUTS | WHEAT |
|---------------------------------|------------|-------------|-------------|------------|---------------|-------------------|------------|-----------------|------------------|--------------|
| Grandma's Chocolate Chip Cookie | Yes | No | Yes | No | No | No | Yes | No | No | Yes |
| Pantastic Cookie | Yes | No | Yes | No | No | No | No | No | No | Yes |
| Monical's Monkey Bread | No | No | Yes | No | No | No | Yes | No | No | Yes |
| Big Cookie Sundae | Yes | No | Yes | No | Potentially | No | Yes | No | Potentially | Yes |
| Big Chocolate Chip Cookie | Yes | No | Yes | No | Potentially | No | Yes | No | Potentially | Yes |
| Apple Sauce | No | No | No | No | No | No | No | No | No | No |
| Cookie Monster | Yes | No | Yes | No | No | No | No | No | No | Yes |
| Cinnamon Dessert Pizza | No | No | No | No | No | No | Yes | Yes | No | Yes |
| Monicookie | Yes | No | Yes | No | No | No | Yes | No | No | Yes |

PRAIRIE CITY COOKIES

| | | | | | | | | | | |
|------------------------------|-----|----|-----|----|-------------|----|-----|----|-------------|-----|
| Oatmeal Raisin | Yes | No | Yes | No | Potentially | No | Yes | No | Potentially | Yes |
| Chocolate Candy | Yes | No | Yes | No | Potentially | No | Yes | No | Potentially | Yes |
| Peanut Butter Chocolate Chip | Yes | No | Yes | No | Yes | No | Yes | No | Potentially | Yes |
| Chocolatey Chunk | Yes | No | Yes | No | Potentially | No | Yes | No | Potentially | Yes |
| Peanut Butter | No | No | Yes | No | Yes | No | Yes | No | Potentially | Yes |
| Mmm Candy | No | No | Yes | No | Potentially | No | Yes | No | Potentially | Yes |
| White Macadamia Nut | No | No | Yes | No | Potentially | No | Yes | No | Yes | Yes |

GRILL

| GRILL | EGG | FISH | MILK | MSG | PEANUT | SHELL FISH | SOY | SULFITES | TREE NUTS | WHEAT |
|--------------------------|------------|-------------|-------------|------------|---------------|-------------------|------------|-----------------|------------------|--------------|
| Hamburger | No | No | No | No | No | No | No | No | No | Yes |
| Hamburger add Cheese | No | No | Yes | No | No | No | Yes | No | No | Yes |
| Breaded Tenderloin | No | No | Yes | No | No | No | No | No | No | Yes |
| Grilled Chicken Sandwich | No | No | No | No | No | No | No | No | No | Yes |
| Onion Rings | No | No | No | No | No | No | Yes | No | No | Yes |
| French Fries | No | No | No | No | No | No | No | No | No | No |
| French Fries add Cheese | No | No | Yes | No | No | No | No | No | No | No |

Not all items available at all locations.

BUFFET ITEMS

| | EGG | FISH | MILK | MSG | PEANUT | SHELL FISH | SOY | SULFITES | TREE NUTS | WHEAT |
|---|-----|------|------|-----|--------|------------|-----|----------|-----------|-------|
| Lettuce | No | No | No | No | No | No | No | No | No | No |
| Colby Cheese | No | No | Yes | No | No | No | No | No | No | No |
| Carrots | No | No | No | No | No | No | No | No | No | No |
| Diced Eggs | Yes | No | No | No | No | No | No | No | No | No |
| Green Olives | No | No | No | No | No | No | No | No | No | No |
| Black Olives | No | No | No | No | No | No | No | No | No | No |
| Green Peppers | No | No | No | No | No | No | No | No | No | No |
| Cottage Cheese | No | No | Yes | No | No | No | No | No | No | No |
| Macaroni Salad | Yes | No | Yes | No | No | No | Yes | No | No | Yes |
| Red Peppers | No | No | No | No | No | No | No | No | No | No |
| Banana Peppers | No | No | No | No | No | No | No | Yes | No | No |
| Mustard Potato Salad (Hoople Country Kitchens) | Yes | No | Yes | No | No | No | Yes | No | No | No |
| American Potato Salad (Hoople Country Kitchens) | Yes | No | Yes | No | No | No | Yes | No | No | No |
| Cucumbers | No | No | No | No | No | No | No | No | No | No |
| Sunflower Seeds | Yes | No | Yes | No | Yes | No | Yes | No | Yes | Yes |
| Pineapple | No | No | No | No | No | No | No | No | No | No |
| Croutons | No | No | Yes | No | No | No | Yes | No | No | Yes |
| Chocolate Pudding | No | No | Yes | No | No | No | No | No | No | No |

| PASTA | EGG | FISH | MILK | MSG | PEANUT | SHELL FISH | SOY | SULFITES | TREE NUTS | WHEAT |
|--------------------|-----|------|------|-----|--------|------------|-----|----------|-----------|-------|
| Garlic Breadsticks | No | No | No | No | No | No | Yes | No | No | Yes |
| Marinara | No | No | No | No | No | No | No | No | No | No |

Not all items available at all locations.