

MONICAL'S PIZZA RESTAURANT

STARTERS

SOFTDOUGH BREADSTICKS

Served with choice of Marinara (adds 25 cal/oz.), Nacho (adds 35 cal/oz.), or Mild Cheddar (adds 40 cal/oz.).

Individual (5) & 3 oz. of Dippin' Sauce **5.99**
 Family Pack (10) & 6 oz. of Dippin' Sauce..... **10.79**
 Additional 3 oz. Dippin' Sauce - **1.00**
130 cal/stick

GARLIC BREAD

Eight pieces of toasted Garlic Bread.
 Served with Marinara (adds 25 cal/oz.) **5.99**
 Add melted Mozzarella Cheese **6.99**
80 cal/piece with Mozz. - 100 cal/piece

MOZZARELLA STICKS

Mozzarella dipped in Parmesan and Romano breading and then baked. Served with Marinara (adds 25 cal/oz.).
 Order of 5 **6.49**
90 cal/stick

CHEDDAR NUGGETS

Breaded Cheddar Nuggets baked golden brown. Served with Ranch (adds 150 cal/oz.).
 Individual Order **6.49**
25 cal/piece

SALADS

SIDE OF DRESSING: 15-150 cal/2 tbsp.

Monical's Famous Sweet & Tart, Thousand Island, Creamy Italian, Ranch, Fat-Free Raspberry Vinaigrette, Fat Free Italian, Vinegar & Oil, Parmesan Peppercorn

Bleu Cheese add - **1.25**

GARDEN FRESH SALAD

Fresh Lettuce with Tomatoes, Shredded Carrots and Colby Cheese.
 Individual **90 cal** **3.99**

Fresh Lettuce with Tomatoes, Shredded Carrots and Colby Cheese.
 Family **350 cal** **7.99**

EXTRA MOZZARELLA, COLBY OR TOPPINGS

Individual add **0-110 cal** **1.00 ea**
 Family Garden Salad add **20-280 cal** **2.00 ea**

Take Some Home!

Our Famous Sweet & Tart Dressing **5.79**
 Retail Package **5.79**
 5oz Dressing To-Go **80-750 cal** **1.25**

PASTAS

Regular served with 2 Garlic Breadsticks/5 Garlic Breadsticks with Family Pasta (150 cal/stick). Family Size equals 4 servings.

SPAGHETTI WITH MARINARA

Regular **440 cal** **7.99**
 Family **1750 cal** **24.99**
 A healthy portion of Spaghetti with Marinara.

LASAGNA

Regular **650 cal** **9.39**
 Family **2590 cal** **27.59**
 Lasagna noodles layered with Ricotta Cheese and topped with Marinara and a blend of Mozzarella, Provolone, and Colby Cheeses.

RAVIOLI

Regular **470 cal** **9.39**
 Family **1890 cal** **27.59**
 Cheese filled Ravioli topped with Marinara.

TORTELLINI

Regular **450 cal** **9.39**
 Family **1800 cal** **27.59**
 A generous portion of Meat-filled Tortellini topped with rich Marinara.

Add Meatballs to any Pasta!

Regular order of 3 add **260 cal** **2.25**
 Family order of 12 add **1040 cal** **9.00**

Make it a Supreme! Add Premium Blend Cheese.

Regular add **150 cal** **75c**
 Family add **580 cal** **3.00**

Make it a Pleaser!

Add an Individual Salad and Large Soft Drink for just **4.50** more.
 Add a Family Garden Salad and a Pitcher of Soft Drink to any Family Size Pasta for just **8.50** more.

SANDWICHES

Served warm on a Sub Roll with Chips (add 160 cal).

HOT SICILIAN..... Regular 8.99

840 cal
 Sliced Ham, Bacon, Pepperoni, melted Mozzarella and Lettuce with Mustard sauce.

TURKEY BLT..... Regular 8.99

650 cal
 Sliced Turkey with Bacon, Lettuce, Tomato and Light Mayo.
 Add melted Mozzarella (add 180 cal) for 1.00 more.

SUPER SUB..... Regular 8.99

780 cal
 Cotto Salami, Sliced Ham, Hard Salami, topped with Hot Pepper Cheese Lettuce, Tomatoes and Onions.

TURKEY SUB..... Regular 8.99

730 cal
 Turkey topped with melted Mozzarella, Lettuce and Tomato with Mustard sauce..

ITALIAN BEEF..... Regular 9.99

850 cal
 Seasoned Beef served with Au Jus topped with Mozzarella and a side of Hot Pepperoncini.

HAM & CHEESE..... Regular 8.99

660 cal
 Sliced Ham and Melted Mozzarella. Topped with Lettuce and Tomatoes.

ITALIAN SUB..... Regular 8.99

890 cal
 Cotto Salami, Green Olives, Sliced Ham, Hard Salami, Pepperoni topped with Hot Pepper Cheese Lettuce, Tomatoes and Onions.

Make it a Pleaser!

Add an Individual Salad and Large Soft Drink to any sandwich for just **4.50** more.

BEVERAGES

We proudly serve  products.

Free refills on Soft Drinks, Coffee,Iced Tea and Hot Tea.

SOFT DRINKS OR ICED TEA

Small **0-110 cal** **1.50**
 Large **0-210 cal** **2.89**
 Pitcher **0-740 cal** **7.99**

2% MILK 110 cal **1.50**

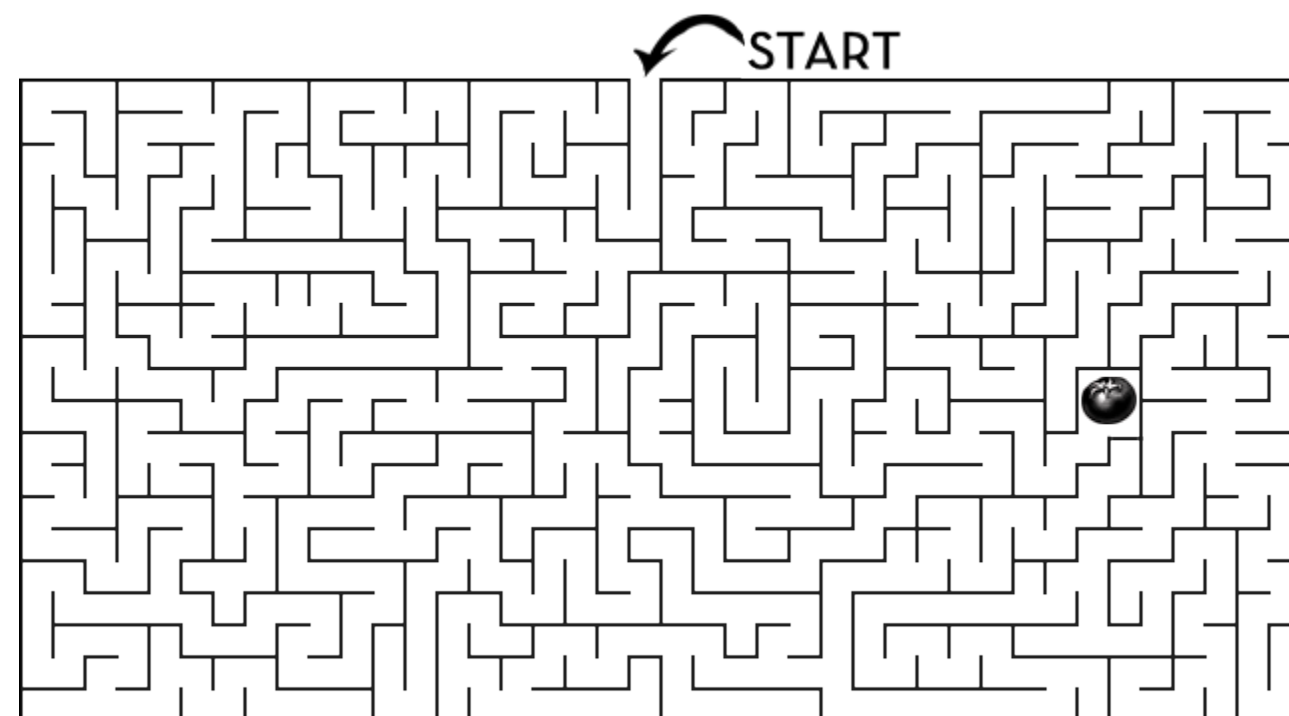
2% CHOCOLATE MILK 200 cal **1.50**

HOT TEA OR COFFEE 0 cal **2.19**

DESSERTS

CHOCOLATE CHIP COOKIES

2 Per Pack **1 pk for 1.49**
340 cal per pack Enjoy now or take some home for later.



NOTICE TO CONSUMERS

Please communicate any food allergies to an employee of this establishment and that employee shall communicate that food allergy information to the Person In Charge or Certified Food Protection Manager on duty at this establishment.

2,000 calories a day is used for general nutrition advice, but calorie needs vary. For complete nutritional meal calculator, visit www.monicals.com

WE ACCEPT



PRICES AND ITEMS SUBJECT TO CHANGE

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WWW.MONICALS.COM

PIZZAS

*Famous for The Family Pleaser®
Pizza, Family Salad, and Beverages*

	THIN CRUST			
	8"	12"	14"	16"
Portion Size	6 slices	16 pieces	25 pieces	36 pieces
Cheese Only	6.25	13.75	16.75	18.75
Calories/Piece or Slice	80 cal	70 cal	60 cal	50 cal
Toppings (each)	60¢	1.20	2.00	2.20
Cal/Piece or Slice adds	0-25 cal	0-20 cal	0-20 cal	0-15 cal
Extra Meat/Veggies (ea.)	60¢	1.20	2.00	2.20
Cal/Piece or Slice adds	0-25 cal	0-20 cal	0-20 cal	0-15 cal
Prem. Blend/Extra Cheese	75¢	1.50	2.00	2.25
Cal/Piece or Slice adds	15-25 cal	10-15 cal	10-15 cal	10-15 cal

MEAT TOPPINGS

Sausage	80 - 380 cal	Mushrooms	10 - 50 cal	Jalapeno Peppers	5 - 15 cal
Pepperoni	90 - 350 cal	Green Bell Peppers	10 - 35 cal	Hot Pepperoncini	5 - 25 cal
Bacon	160 - 630 cal	Tomatoes	10 - 40 cal	Minced Garlic	5 - 15 cal
Ham	40 - 180 cal	Onions	15 - 60 cal	Fresh Spinach	5 - 20 cal
Hamburger	70 - 360 cal	Black Olives	80 - 320 cal	Pineapple	60 - 230 cal
		Green Olives	110 - 430 cal		

VEGGIE TOPPINGS

	PAN PIZZA		GLUTEN-FREE
	10"	14"	9"
Portion Size	6 slices	8 slices	8 slices
Cheese Only	14.25	19.25	13.00
Calories/Piece or Slice	240 cal	340 cal	110 cal
Toppings (each)	1.40	2.20	1.00
Cal/Piece or Slice adds	0-40 cal	0-80 cal	0-30 cal
Extra Meat/Veggies (ea.)	1.40	2.20	1.00
Cal/Piece or Slice adds	0-40 cal	0-80 cal	0-30 cal
Prem. Blend/Extra Cheese	2.00	2.25	1.50
Cal/Piece or Slice adds	20-45 cal	40-60 cal	10-25 cal

DISCLAIMER: While we offer a Gluten-Free pizza crust, we are not a Gluten-Free kitchen. Cross contamination could occur, and our restaurant is unable to guarantee that this menu item can be completely free of allergens.



SPECIALTY PIZZAS

	THIN CRUST			
	8"	12"	14"	16"
Portion Size	6 slices	16 pieces	25 pieces	36 pieces
Northwoods Hawaiian	8.05	17.35	22.75	25.35
Calories per Piece or Slice	100 cal	80 cal	70 cal	70 cal
Delight / Italian Special	9.25	19.75	26.75	29.75
Calories per Piece or Slice	110 cal	90-100 cal	80 cal	70 cal
Deluxe	10.45	22.15	30.75	34.15
Calories per Piece or Slice	120 cal	100 cal	90 cal	80 cal
Northwoods Veggie	11.05	23.35	32.75	36.35
Calories per Piece or Slice	110 cal	90 cal	80 cal	70 cal

DELIGHT

Sausage, Pepperoni, Mushrooms, Onions and Green Bell Peppers

NORTHWOODS HAWAIIAN

Ham, Pineapple and Onions

DELUXE

Sausage, Pepperoni, Mushrooms, Onions, Green Olives, Green Bell Peppers and Hot Pepperoncini

NORTHWOODS VEGGIE

Mushrooms, Onions, Green Bell Peppers, Black & Green Olives, Tomatoes, Hot Pepperoncini and Spinach

ITALIAN SPECIAL

Sausage, Mushrooms, Onions, Green Olives and Hot Pepperoncini

For a Cheese-Free option, simply ask to remove cheese from any Thin, Pan, or Gluten-Free pizza.

	PAN PIZZA		GLUTEN-FREE
	10"	14"	9"
Portion Size	6 slices	8 slices	8 slices
Northwoods Hawaiian	18.45	25.85	16.00
Calories per Piece or Slice	260 cal	390 cal	130 cal
Delight / Italian Special	21.25	30.25	18.00
Calories per Piece or Slice	280-290 cal	420-430 cal	140-150 cal
Deluxe	24.05	34.65	20.00
Calories per Piece or Slice	300 cal	450 cal	160 cal
Northwoods Veggie	25.45	36.85	21.00
Calories per Piece or Slice	270 cal	410 cal	140 cal

★ Make it a Pleaser

FAMILY PLEASER®

for only 8.50 more

Add a Family Garden Salad and a Pitcher of Soft Drink to your choice of:

- 14" Pizza (Pan)
- 16" Pizza (Thin)
- Family Pasta

INDIVIDUAL PLEASER

for only 4.50 more

Add an Individual Garden Salad and a Large Soft Drink to your choice of:

- 8" Thin Pizza
- Individual Pasta
- Gluten-Free Pizza
- Regular Sandwich

KIDS' MENU

Children 12 and under

8" THIN CRUST CHEESE PIZZA Cheese 490 cal 6.25
Additional Toppings, add 60¢ ea.

MAC & CHEESE 300 cal 3.99

INDIVIDUAL SALAD 90 cal 3.99

APPLE SAUCE 100 cal 1.50

DRINKS

2% WHITE MILK (110 CAL) 1.50

2% CHOCOLATE MILK (200 CAL) 1.50

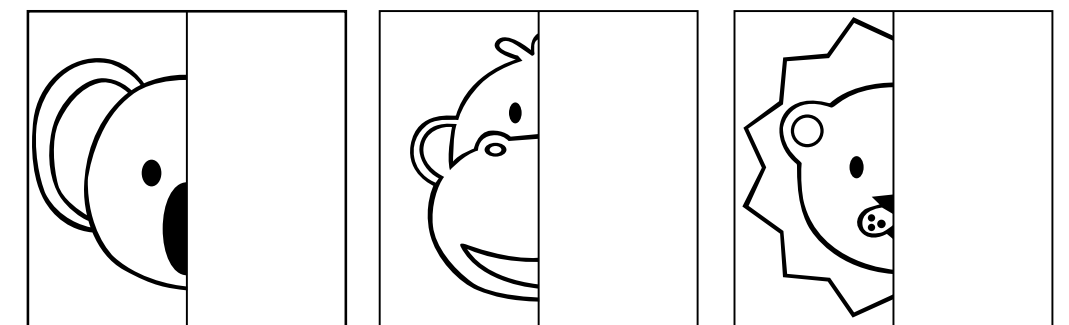
WORD SEARCH (Find words forwards, backwards or diagonally)

R	O	C	K	Y	R	O	A	D	N	C	Y
M	B	M	N	R	O	B	L	X	A	O	D
O	U	J	Y	R	A	U	L	L	C	O	N
O	B	G	R	E	V	T	I	C	E	K	A
S	B	Z	D	H	O	P	N	T	P	I	C
E	L	W	R	C	S	J	A	H	R	E	N
T	E	T	V	R	R	L	V	Y	E	D	O
R	G	A	I	E	O	O	R	C	T	O	T
A	U	B	E	C	R	N	D	T	T	U	T
C	M	S	O	E	A	W	H	D	U	G	O
K	E	H	O	P	T	O	J	C	B	H	C
S	C	S	T	R	A	W	B	E	R	R	Y

FIND THESE
ICE CREAM FLAVORS

- BUBBLE GUM
- BUTTER PECAN
- CHERRY
- CHOCOLATE
- COOKIE DOUGH
- COTTON CANDY
- MOOSE TRACKS
- OREO
- REESES
- ROCKY ROAD
- STRAWBERRY
- VANILLA

FINISH THE PICTURES



1,200 to 1,400 calories a day is used for general nutrition advice for children ages 4 to 8 years and 1,400 to 2,000 calories a day for children ages 9 to 13 years, but calorie needs vary. 2,000 calories a day is used for general nutrition advice, but calorie needs vary. For complete nutritional meal calculator, visit www.monicals.com Arbor1222