



STARTERS

SOFTDOUGH BREADSTICKS

Served with choice of Marinara (adds 25 cal/oz.), Alfredo (adds 20 cal/oz), Nacho (adds 35 cal/oz.), Mild Cheddar (adds 40 cal/oz.).

Pair (2) & 3 oz. of Dippin' Sauce	3.69
Individual (5) & 3 oz. of Dippin' Sauce	5.99
Family Pack (10) & 6 oz. of Dippin' Sauce	10.79
Party Pack (25) & 15 oz. of Dippin' Sauce	
Additional 3 oz. Dippin' Sauce - 1.00	
130 cal/stick	

GARLIC BREAD

Eight pieces of toasted Garlic Bread.	
Served with Marinara (adds 25 cal/oz.)	5.99
Add melted Mozzarella Cheese	6.99
80 cal/piece with Mozz 100 cal/piece	

MOZZARELLA STICKS

Mozzarella dipped in Parmesan and Romano dreading and	inen
baked. Served with Marinara (adds 25 cal/oz.).	
Order of 5	6.49
Order of 10	11.49
90 cal/stick	

HOT WINGS

Bone-in Chicken Wings seasoned with a Spicy Sauce and served with Ranch Dressing (adds 130 cal/oz). Small & 3 oz. Ranch Dressing ... Medium & 6 oz. Ranch Dressing 13.99 60-100 cal/wing

PEPPEROLLIES

Fresh-baked rolls with zesty (Horizon Pepperoni, rich Puree and 4 Cheeses. Seasoned with a hint of Garlic and served with Marinara (adds 25 cal/oz.). Order of 3 Order of 6 10.99 Order of 12 17.99 220 cal/Pepperollie

MEATBALLS

Delicious Meatballs smothered in Marinara and topped	d with
Mozzarella and Colby Cheeses.	
Order of 5	6.99
Order of 10	12.99
140 cal/meatball	

Monical's Famous Sweet & Tart, Monical's Sweet & Tart Light, Ranch, Light Ranch, Thousand Island, Creamy Italian, Fat-Free Vinaigrette

GARDEN FRESH SALAD

Fresh Lettuce with T	omatoes, Shredded Carrots and Colby Ch	neese.
Individual 90 ca	l	3.99
Family 350 cal		8.99

The following are served with one Softdough Breadstick (130 cal)

PECAN GRILLED CHICKEN SALAD 360 cal

Grilled Chicken with Romaine Lettuce, Red Bell Peppers, Red Onions, Toasted Pecans and Shredded Parmesan Cheese. THIS ITEM CONTAINS NUTS.

SOUTHWEST CHICKEN SALAD

300 cal 11.49
Grilled Chicken with Romaine Lettuce, diced Red and Green Bell
Peppers, Red Onions, and Colby Cheese.

CHEF SALAD

340 cal		11.49
Crisp Lettuce topped	with Ham, Turkey, Mozzarella and Colby	,
Cheeses, Tomatoes, S	Shredded Carrots and Red Pepper Rings	

EXTRA MOZZARELLA, COLBY OR **TOPPINGS**

Individual add 0-110	cal	1.00 e
Family Garden Salad	add 20-280 cal	2.00 e

Take Some Home!

Our Famous Sweet & Tart Dressing - Regular or Light	
Retail Package 5.7	9
5oz Dressing To-Go 80-750 cal 1.2	5

PASTAS

Regular served with 2 Garlic Breadsticks/5 Garlic Breadsticks with Family Pasta (150 cal/stick). Family Size equals 4 servings.

SPAGHETTI WITH MARINARA

Regular 440 cal	8.49
Family 1750 cal	
A healthy portion of Spaghetti with Marina	
Alfredo Sauce may be substituted.	5 d 4000 l
Alfredo Sauce: Regular- 420 cal	Family- 1690 cal

SPAGHETTI & MEATBALLS

Regular 700 cal	10.74
Family 2790 cal	
Thin Spaghetti noodles topped with delicion	
Marinara. Alfredo Sauce may be substituted	d.
Alfredo Sauce: Regular-680 cal	Family-2730 cal

LASAGNA

Regular 650 cal	9.99
Family 2590 cal	
Lasagna noodles layered with Ricotta Cheese and topped	
Marinara and a blend of Mozzarella, Provolone, and Colby (Cheeses.

BAKED RAVIOLI

Regular 680 cal	9.99
Family 2700 cal	
Cheese Ravioli baked in a creamy Alfredo Sauce and top	
diced Tomatoes Bacon Mozzarella Provolone and Colby	Cheeses

9.99

2.25

TORTELLINI

Regular 450 cal

Family 1800 cal	29.99
A generous portion of Meat-filled Tortellini topped with r	
Add Meatballs to any Pasta! Regular order of 3 add 260 cal Family order of 12 add 1040 cal	
Make it a Supreme! Add Premium Blend Che Regular add 150 cal	

Make it a Pleaser!

Family add 580 cal.

Add an Individual Salad and Large Soft Drink for just 4.99 more. Add a Family Garden Salad and a Pitcher of Soft Drink to any Family Size Pasta for just 8.99 more.

Served warm on a Sub Roll with choice of Chips (add 140-160 cal) or Apple Sauce (add 100 cal).

HOT SICILIAN... Regular 10.29 White - 840 cal Wheat - 750 cal

Sliced Ham, Bacon, Pepperoni, melted Mozzarella and Lettuce with Mustard Sauce.

TURKEY BLT. Regular 10.29

White - 650 cal Wheat - 560 cal

Sliced Turkey with Bacon, Lettuce, Tomatoes and Light Mayo. Add melted Mozzarella (add 180 cal) for 1.00 more.

ITALIAN BEEF. Regular 10.29

White - 660 cal Wheat - 570 cal

Seasoned Beef served with Au Jus and a side of Hot Giardiniera (add 150 cal) or Hot Pepperoncini (add 10 cal). Add melted Mozzarella (add 180 cal) for 1.00 more.

BBQ CHICKEN... Regular 10.29

White - 830 cal Wheat - 740 cal

Grilled Chicken with BBQ Sauce and topped with melted Mozzarella.

TURKEY SUB... Regular 10.29

White - 730 cal Wheat - 640 cal

Turkey topped with melted Mozzarella, Lettuce and Tomatoes with Mustard Sauce

MEATBALL SUB... Regular 10.29

White - 1170 cal Wheat - 1080 cal

Meatballs with melted Mozzarella and Marinara. Served with a side of Hot Pepperoncini and Marinara for dipping.

Make it a Pleaser!

4.99 more.

BEVERAGES



We proudly serve PEPSI products. Free refills on Soft Drinks, Coffee, Iced Tea and Sweet Tea.

SOFT DRINKS, ICED TEA. OR SWEET TEA

OR SWELL ILA	
Large 0-210 cal	2.99
Pitcher 0-740 cal	7.99
10/ MILIZ	
1% MILK 100 cal	1.59
1% CHOCOLATE MILK 160	150
170 CHOCOLATE MILK 160	cat 1.59
100% APPLE JUICE 120 cal	1.59
COFFEE 0 cal	2.19

DESSERTS

CHOCOLATE CHIP COOKIES

2 Per Pack 1 pk for **1.49** 6 pks for **6.79 340 cal per pack** Enjoy now or take some home for later.

MONKEY BREAD

Ooey, Gooey, Cinnamony Goodness! The best part of a Cinnamon roll in every bite! Perfect for sharing! 1390 cal 6.99

Add an Individual Salad and Large Soft Drink to any sandwich for just

WE ACCEPT







PRICES AND ITEMS SUBJECT TO CHANGE

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WWW.MONICALS.COM

PIZZAS Famous for The Family Pleaser® Pizza, Family Salad, and Beverages

	-	THIN CRUST	
Portion Size	8"	14"	16"
	6 slices	25 pieces	36 pieces
Cheese Only Calories/Piece or Slice	6.99	17.39	19.39
	80 cal	60 cal	50 cal
1-3 Toppings (each)	80¢	2.40	2.60
Cal/Piece or Slice adds	0-25 cal	0-20 cal	0-15 cal
4+ Toppings (Cheese+) Cal/Piece or Slice adds	3.20	9.60	10.40
	0-25 cal	0-20 cal	0-15 cal
1/2 Toppings (ea.) or Extra Meat/Veggies (ea.) Cal/Piece or Slice adds	40¢ 0-15 cal	1.20 0-10 cal	1.30 0-10 cal
Prem. Blend/Extra Cheese Cal/Piece or Slice adds	60¢	2.00	2.25
	15-25 cal	10-15 cal	10-15 cal

MEAT TOPPINGS		VEGGIE TOPPINGS		
C	00 7001	Modeless	10 50 1	

Sausage	80 - 380 cal	Mushrooms	10 - 50 cal	Green Bell Peppers	10 - 35 cal
Pepperoni	90 - 350 cal	Tomatoes	10 - 40 cal	Red Bell Peppers	10 - 45 cal
Bacon	160 - 630 cal	Onions	15 - 60 cal	Banana Peppers	5 - 15 cal
Ham	40 - 180 cal	Red Onions	15 - 60 cal	Jalapeno Peppers	5 - 15 cal
Hamburger	70 - 360 cal	Fresh Spinach	5 - 20 cal	Hot Pepperoncini	5 - 25 cal
Steak	80 - 300 cal	Black Olives	80 - 320 cal	Hot Giardiniera	80 - 300 cal
Seasoned		Green Olives	110 - 430 cal	Pineapple	60 - 230 cal
Chicken	70 - 270 cal	Minced Garlic	5 - 15 cal		

		PAN PIZZA		GLUTEN-FREE
5 01	8"	10"	14"	9"
Portion Size	6 slices	6 slices	8 slices	8 slices
Cheese Only Calories/Piece or Slice	7.59	14.89	19.89	14.39
	120 cal	240 cal	340 cal	110 cal
1-3 Toppings (each)	80¢	1.50	2.60	1.50
Cal/Piece or Slice adds	0-25 cal	0-40 cal	0-80 cal	0-30 cal
4+ Toppings (Cheese+) Cal/Piece or Slice adds	3.20	6.00	10.40	6.00
	0-25 cal	0-40 cal	0-80 cal	0-30 cal
1/2 Toppings (ea.) or Extra Meat/Veggies (ea.) Cal/Piece or Slice adds	40¢ 0-15 cal	75¢ 0-20 cal	1.30 0-40 cal	75¢ 0-15 cal
Prem. Blend/Extra Cheese Cal/Piece or Slice adds	60¢	2.00	2.25	1.50
	15-25 cal	20-45 cal	40-60 cal	10-25 cal

DISCLAIMER: While we offer a Gluten-Free pizza crust, we are not a Gluten-Free kitchen. Cross contamination could occur, and our restaurant is unable to guarantee that this menu item can be completely free of allergens.



FAMILY PLEASER®

for only 8.99 more Add a Family Garden Salad and a

Pitcher of Soft Drink to your choice of: • 14" Pizza (Pan or Thin)

- 16" Pizza (Thin)
- The Point Pizza
- Family Pasta

PLEASER FOR 2

for only 6.99 more

Add Two Individual Garden Salads and Add an Individual Garden Salad and a Two Large Soft Drinks to your choice of: Large Soft Drink to your choice of: • 10" Pizza (Pan)

- 14" Pizza (Pan or Thin)
- 16" Pizza (Thin)
- The Point Pizza
- Gluten-Free Pizza

INDIVIDUAL PLEASER

for only 4.99 more

• 8" Pizza (Pan or Thin)

- Individual Pasta
- Gluten-Free Pizza
- Regular Sandwich

SPECIALTY PIZZAS

	THIN CRUST			
Portion Size	8"	14"	16"	
	6 slices	25 pieces	36 pieces	
BBQ Chicken Calories per Piece or Slice	8.39	21.79	24.24	
	120 cal	90 cal	80 cal	
Delight / Mighty Meat Deluxe / Florentine Italian Special Calories per Piece or Slice	10.19 80-140 cal	26.99 60-100 cal	29.79 50-90 cal	
Veggie Calories per Piece or Slice	10.79	28.99	32.04	
	110 cal	80 cal	70 cal	

BBQ CHICKEN

Seasoned Chicken, BBQ Sauce and Premium Blend Cheese

DELIGHT

Sausage, Pepperoni, Mushrooms, Onions and Green Bell Peppers

DELUXE

Sausage, Pepperoni, Mushrooms, Onions, Green Olives, Green Bell Peppers and Hot Pepperoncini

ITALIAN SPECIAL

Sausage, Mushrooms, Onions, Green Olives and Hot Pepperoncini

MIGHTY MEAT

Sausage, Ham, Pepperoni and Bacon

FLORENTINE

Fresh Spinach, Minced Garlic, Red Bell Peppers and Red Onions with a thin layer of Mozzarella

VEGGIE

Mushrooms, Onions, Green Bell Peppers, Black Olives, Tomatoes and Premium Blend Cheese

For a Cheese-Free option, simply ask to remove cheese from any Thin, Pan, Point or Gluten-Free pizza.

		PAN PIZZA		GLUTEN-FREE
Portion Size	8"	10"	14"	9"
	6 slices	6 slices	8 slices	8 slices
BBQ Chicken Calories per Piece or Slice	8.99	18.39	24.74	17.39
	160 cal	300 cal	460 cal	150 cal
Delight / Mighty Meat Deluxe / Florentine Italian Special Calories per Piece or Slice	10.79 120-180 cal	20.89 210-320 cal	30.29 330-490 cal	20.39 120-170 cal
Veggie Calories per Piece or Slice	11.39	22.89	32.54	21.89
	150 cal	270 cal	420 cal	140 cal

THE POINT 170 - 260 cal/piece, 14 pieces

More Cheese, More Toppings, Sweeter Sauce and a Thicker Crust. Includes up to 3 Toppings. Additional Toppings may be purchased. Toppings do not include extra portions of Meat or Veggies, Extra Cheese or Premium Blend.

12" OVEN-READY (frozen)

With Monical's Oven Ready frozen pizzas, you can have the convenience of frozen with that great Monical's taste straight Cheese Pepperoni

CAN YOU FIND TWO THAT ARE THE SAME?









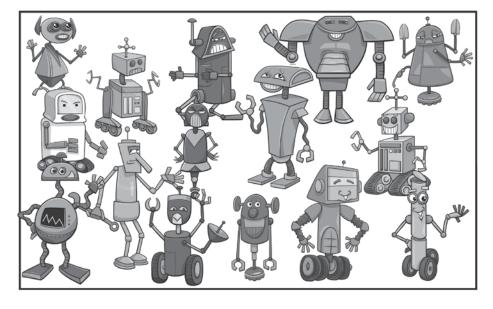


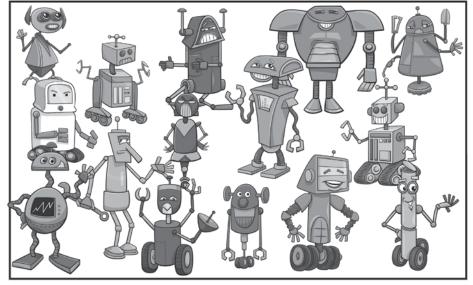
KIDS' MENU

Children 12 and under

8" I HIN CRUS I CHEESE PIZZA Cheese 490 cal	6.99
3 PEPPEROLLIES 220 cal each	5.99
SPAGHETTI 210-220 cal	4.49
MAC & CHEESE 300 cal	4.49
INDIVIDUAL SALAD 90 cal	3.99
APPLE SAUCE 100 cal	1.50
DRINKS 1% WHITE MILK (100 CAL)	. 1.59
1% CHOCOLATE MILK (160 CAL)	
100% APPLE JUICE (120 CAL)	1.59

CAN YOU FIND TEN DIFFERENCES?





1,200 to 1,400 calories a day is used for general nutrition advice for children ages 4 to 8 years and 1,400 to 2,000 calories a day for children ages 9 to 13 years, but calorie needs vary. 2,000 calories a day is used for general nutrition advice, but calorie needs vary. For complete nutritional meal calculator, visit www.monicals.com MPCNB 1023