

MONICAL'S PIZZA RESTAURANT

STARTERS



SOFTDOUGH BREADSTICKS

Served with choice of Marinara (adds 25 cal/oz.), Alfredo (adds 20 cal/oz.), Nacho (adds 35 cal/oz.), Mild Cheddar (adds 40 cal/oz.)
 Pair (2) & 3 oz. of Dippin' Sauce..... 3.99
 Individual (5) & 3 oz. of Dippin' Sauce..... 6.49
 Family Pack (10) & 6 oz. of Dippin' Sauce..... 11.79
 Party Pack (25) & 15 oz of Dippin' Sauce..... 29.19
 130 cal/stick Additional 3 oz. Dippin' Sauce - 1.00



GARLIC BREAD

Eight pieces of toasted Garlic Bread.
 Served with Marinara (adds 25 cal/oz.) 6.49
 Add melted Mozzarella Cheese 7.49
 80 cal/piece with Mozzarella: 100 cal/piece

MOZZARELLA STICKS

Mozzarella dipped in Parmesan and Romano breading and then baked. Served with Marinara (adds 25 cal/oz.)
 Order of 5..... 6.99
 Order of 10 12.49
 90 cal/stick

HOT WINGS

Bone-in Chicken Wings seasoned with a Spicy Sauce and served with Ranch Dressing (adds 130 cal/oz.)
 Small & 3 oz. Ranch Dressing 8.49
 Medium & 6 oz. Ranch Dressing 14.99
 60-100 cal/wing

MEATBALLS

Delicious Meatballs smothered in Marinara and topped with Mozzarella and Colby.
 Order of 5..... 7.49
 Order of 10 13.99
 140 cal/meatball



PEPPEROLLIES

Fresh-baked rolls with zesty Pepperoni, rich Puree and Four Cheeses. Seasoned with a hint of Garlic and served with Marinara (adds 25 cal/oz.)
 Order of 3..... 6.49
 Order of 6..... 11.99
 Order of 12..... 19.49
 220 cal/Pepperollie

SALADS

SIDE OF DRESSING: 15-150 cal/2 tsp.
 Monical's Famous Sweet & Tart, Creamy Italian,
 Monical's Sweet & Tart Light, Ranch, Light Ranch,
 Thousand Island, Fat-Free Vinaigrette

GARDEN FRESH SALAD

Fresh Lettuce with Tomatoes, Shredded Carrots and Colby Cheese.
 Individual 90 cal 3.99
 Family 350 cal 9.49

The following are served with one Softdough Breadstick (130 cal)



PECAN GRILLED CHICKEN SALAD

360 cal 11.99
 Grilled Chicken with Romaine Lettuce, Red Bell Peppers, Red Onions, Toasted Pecans and Shredded Parmesan Cheese.
THIS ITEM CONTAINS NUTS.

SOUTHWEST CHICKEN SALAD

300 cal 11.99
 Grilled Chicken with Romaine Lettuce, diced Red and Green Bell Peppers, Red Onions, and Colby Cheese.



CHEF SALAD

340 cal 11.99
 Crisp Lettuce topped with Ham, Turkey, Mozzarella and Colby Cheeses, Tomatoes, Shredded Carrots and Red Pepper Rings.

EXTRA MOZZARELLA, COLBY OR TOPPINGS

Individual add 0-110 cal 1.00 ea
 Family Garden Salad add 20-280 cal 2.00 ea



Take Some Home!

Our Famous Sweet & Tart Dressing Regular or Light
 Retail Package 5.99
 5 oz. Dressing To Go 80-750 cal..... 1.49

PASTAS

Regular served with 2 Garlic Breadsticks/5 Garlic Breadsticks with Family Pasta (150 cal/stick).
 Family Size equals 4 servings.

SPAGHETTI WITH MARINARA

Regular 440 cal 8.99
 Family 1750 cal 28.99
 A healthy portion of Spaghetti with Marinara. Alfredo Sauce may be substituted.
 Alfredo Sauce: Regular-420 cal Family-1690 cal

SPAGHETTI & MEATBALLS

Regular 700 cal 11.24
 Family 2790 cal 37.99
 Thin Spaghetti noodles topped with delicious Meatballs and Marinara. Alfredo Sauce may be substituted.
 Alfredo Sauce: Regular-680 cal Family-2730 cal



LASAGNA

Regular 650 cal 10.49
 Family 2590 cal 31.99
 Lasagna noodles layered with Ricotta Cheese topped with Marinara and a blend of Mozzarella, Provolone, and Colby Cheeses.

BAKED RAVIOLI

Regular 680 cal 10.49
 Family 2700 cal 31.99
 Cheese Ravioli baked in a creamy Alfredo Sauce and topped with diced Tomatoes, Bacon, Mozzarella, Provolone and Colby Cheeses.



TORTELLINI

Regular 450 cal 10.49
 Family 1800 cal 31.99
 A generous portion of Meat-Filled Tortellini topped with rich Marinara.

Add Meatballs to any Pasta!

Regular order of 3 add 260 cal 2.25
 Family order of 12 add 1040 cal 9.00

Make it a Supreme! Add Premium Blend Cheese.

Regular add 150 cal 75c
 Family add 580 cal 2.25

SANDWICHES

Served warm on a Sub Roll with choice of Chips (add 140-160 cal) or Applesauce (add 100 cal).



HOT SICILIAN

White - 840 cal Wheat - 750 cal 10.79
 Sliced Ham, Bacon, Pepperoni, melted Mozzarella and Lettuce with Mustard Sauce.

TURKEY BLT

White - 650 cal Wheat - 560 cal 10.79
 Sliced Turkey with Bacon, Lettuce, Tomatoes and Light Mayo. Add melted Mozzarella (add 180 cal) for 1.00 more.

BBQ CHICKEN

White - 830 cal Wheat - 740 cal 10.79
 Grilled Chicken with BBQ Sauce and topped with melted Mozzarella.

ITALIAN BEEF

White - 660 cal Wheat - 570 cal 10.79
 Seasoned Beef served with Au Jus and a side of Hot Giardiniera (add 150 cal) or Hot Pepperoncini (add 10 cal). Add melted Mozzarella (add 180 cal) for 1.00 more.

TURKEY SUB

White - 730 cal Wheat - 640 cal 10.79
 Turkey topped with melted Mozzarella, Lettuce and Tomatoes with Mustard Sauce.



MEATBALL SUB

White - 1170 cal Wheat - 1080 cal 10.79
 Meatballs with melted Mozzarella and Marinara. Served with a side of Hot Pepperoncini (add 10 cal) and Marinara (add 25 cal) for dipping.

PIZZAS *Famous for The Family Pleaser® - Pizza, Family Salad, and Beverages*

	THIN CRUST			PAN			GLUTEN-FREE	
	8"	14"	16"	8"	10"	14"	9"	
Portion Size	6 slices	25 pieces	36 pieces	6 slices	6 slices	8 slices	8 slices	
Cheese Only	6.99	17.39	19.39	7.59	14.89	19.89	14.39	
cal per piece or slice*	80 cal.	60 cal.	50 cal.	120 cal.	240 cal.	340 cal.	110 cal.	
Toppings (each)	80¢	2.40	2.60	80¢	1.50	2.60	1.50	
BBQ Chicken	8.39	21.79	24.24	8.99	18.39	24.74	17.39	
Delight/Mighty Meat Deluxe/Florentine Italian Special	10.19	26.99	29.79	10.79	20.89	30.29	20.39	
Veggie	10.79	28.99	32.04	11.39	22.89	32.54	21.89	
Premium Blend/Extra Cheese	60¢	2.00	2.25	60¢	2.00	2.25	1.50	
cal per piece or slice*	15-25 cal.	10-15 cal.	10-15 cal.	15-25 cal.	20-45 cal.	40-60 cal.	10-25 cal.	

*Calories based on cheese only, added toppings extra.

DISCLAIMER: While we offer a Gluten-Free pizza crust, we are not a Gluten-Free kitchen. Cross-contamination could occur, and our restaurant is unable to guarantee that menu items can be completely free of allergens.

MEAT TOPPINGS

Sausage.....	80 - 380 cal
Pepperoni.....	90 - 350 cal
Bacon.....	160 - 630 cal
Ham.....	40 - 180 cal
Hamburger.....	70 - 360 cal
Steak.....	80 - 300 cal
Seasoned Chicken.....	70 - 270 cal

VEGGIE TOPPINGS

Mushrooms.....	10 - 50 cal
Tomatoes.....	10 - 40 cal
Onions.....	15 - 60 cal
Red Onions.....	15 - 60 cal
Fresh Spinach.....	5 - 20 cal
Black Olives.....	80 - 320 cal
Green Olives.....	110 - 430 cal
Minced Garlic.....	5 - 15 cal

Green Bell Peppers.....	10 - 35 cal
Red Bell Peppers.....	10 - 45 cal
Banana Peppers.....	5 - 15 cal
Jalapeno Peppers.....	5 - 15 cal
Hot Pepperoncini.....	5 - 25 cal
Hot Giardiniera.....	80 - 300 cal
Pineapple.....	60 - 230 cal

For a Cheese-Free option, simply ask to remove cheese from any Thin, Pan, Point or Gluten-Free pizza.



MONICAL'S CRUSTLESS PIZZA BOWLS

Up to 3 Toppings	8.99
4 or more Toppings	9.99
390 - 855 cal/bowl	
Not available with hamburger. Toppings exclude premium blend or extra cheese.	
Prepared with Gluten-Free procedures upon request.	



THE POINT 18.89

170 - 260 cal/piece, 14 pieces
More Cheese, More Toppings, Sweeter Sauce and a Thicker Crust! Includes up to 3 Toppings. Additional Toppings may be purchased. Toppings do not include Extra Cheese or Premium Blend.



12" OVEN-READY (frozen)

Monical's Oven-Ready frozen pizzas provide the convenience of frozen with that great Monical's taste straight from your oven.	
Cheese	9.99
Pepperoni	10.99
Sausage	10.99

SPECIALTY PIZZAS



DELUXE - Sausage, Pepperoni, Mushrooms, Onions, Green Olives, Green Bell Peppers and Hot Pepperoncini
80-450 cal per piece or slice

DELIGHT - Sausage, Pepperoni, Mushrooms, Onions and Green Bell Peppers
70-420 cal per piece or slice



MIGHTY MEAT - Sausage, Ham, Pepperoni and Bacon
90-490 cal per piece or slice

ITALIAN SPECIAL - Sausage, Mushrooms, Onions, Green Olives and Hot Pepperoncini
70-430 cal per piece or slice

BBQ CHICKEN - Seasoned Chicken, BBQ Sauce and Premium Blend Cheese
80-460 cal per piece or slice

FLORENTINE - Fresh Spinach, Minced Garlic, Red Bell Peppers and Red Onions with a thin layer of Mozzarella Cheese
50-330 cal per piece or slice

VEGGIE - Mushrooms, Onions, Green Bell Peppers, Black Olives, Tomatoes and Premium Blend Cheese
70-420 cal per piece or slice

MAKE IT A PLEASER!

FAMILY PLEASER® for only 9.49 more

Add a Family Garden Salad and a pitcher of Soft Drink to your choice of:

- 14" Pizza (Thin/Pan)
- 16" Pizza (Thin)
- The Point Pizza
- Family Pasta

PLEASER FOR 2 for only 7.49 more

Add two Individual Garden Salads and two large Soft Drinks to your choice of:

- 10" Pizza (Pan)
- 14" Pizza (Thin/Pan)
- 16" Pizza (Thin)
- The Point Pizza
- Gluten-Free Pizza

INDIVIDUAL PLEASER for only 5.49 more

Add an Individual Garden Salad and a large Soft Drink to your choice of:

- 8" Pizza (Thin/Pan)
- Gluten-Free Pizza
- Pizza Bowl
- Individual Pasta
- Sandwich

DESSERTS



CHOCOLATE CHIP COOKIES

Enjoy now or take some home for later.	
340 cal per pack	
2 Per Pack	1 pk for 1.49
	6 pks for 6.79



MONKEY BREAD

Ooey, Goey, Cinnamony Goodness! The best part of a Cinnamon Roll in every bite! Perfect for sharing!
1390 cal 7.99

BEVERAGES

We proudly serve products. Free refills on Soft Drinks, Coffee, Iced Tea and Sweet Tea.

SOFT DRINKS, ICED TEA, OR SWEET TEA

Large 0-210 cal	3.09
Pitcher 0-740 cal	7.99

1% MILK 100 cal 1.69

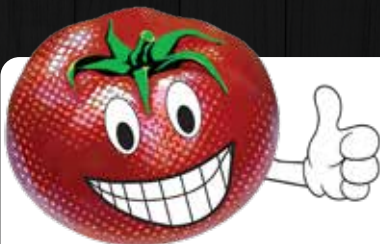
1% CHOCOLATE MILK

160 cal 1.69

100% APPLE JUICE 120 cal . 1.69

COFFEE 0 cal 2.29

Prices and items subject to change. Visit monicals.com for catering, fundraising, gift cards and Monical's merchandise.



KIDS' MENU

Children 12 and under



8" THIN CRUST CHEESE PIZZA 6.99

Cheese 490 cal

Additional Toppings, add 80¢ ea.



3 PEPPEROLLIES 6.49

220 cal each

Served with Marinara (*adds 70 cal*)



SPAGHETTI 4.99

210-220 cal

Topped with Marinara or Alfredo Sauce and served with a Garlic Breadstick (*adds 150 cal*)



MAC & CHEESE 4.99

300 cal



INDIVIDUAL SALAD 3.99

90 cal

APPLE SAUCE 1.50

100 cal

DRINKS

1% White Milk (100 cal) 1.69

1% Chocolate Milk (160 cal) 1.69

100% Apple Juice (120 cal) 1.69

Prices and items subject to change.

